

Victoria Health Co-Operative Backgrounder



The Victoria Health Co-operative is a formal incorporation of legal persons (individuals and other legal entities), passionate about well-being for ourselves and our community. Members benefit from access to a carefully selected group of wellness practitioners from many disciplines and to a range of wellness and health-related services. Our Board of Directors is diverse and manages the activities of the VHC as our organization is primarily volunteer-run.

Our Vision.

Our Vision is of the Victoria Health Co-op as a leader in a community that supports individual and communal well-being through education, volunteerism and the active pursuit of optimal wellness.

Our Mission.

Our Mission is to empower and support individuals and groups, including underserved communities, to adopt healthy lifestyle practices and move towards well-being.

Our Values.

In 2000 we first discussed the potential for new co-operatives in Victoria that would contribute to the Social Determinants of Health, as defined by the World Health Organization. No Wellness and Health Co-operative existed in Victoria. Our vision of a community of well-being recognizes the equality of all participants, and the need for all to both benefit from and contribute to the well-being of all.

Equality | Sustainability | Cost Effectiveness
Community Control | Network Support

Learn More: VictoriaHealthCooperative.com