

Finding Wellbeing and Happiness through Special Olympics

Scott Howe – Presentation to the Victoria Health Co-Op
September 13th, 2020

Special Olympics
British Columbia



SOBC: Mission and Mandate



Special Olympics BC is dedicated to enriching the lives of individuals with intellectual disabilities through sport.

Athlete Centered - Coach Driven



Fast Facts



- Established in BC in 1980
- Over 5,000 athletes involved
- Athlete ages range from 2 to 92!
- Over 4,000 volunteers involved
- Programs in 55 communities around BC
- 18 sports, active start, fundamentals, etc.
- Many athletes are involved in Special Olympics throughout their lives



Fact #1



“88 percent of siblings of children with Down syndrome feel that they are better people for having had their brothers and sisters”

Fact #2



“People with intellectual disabilities in Canada have a life expectancy 20 years shorter than their peers in the general population”

Fact #3



“Globally, Special Olympics is the largest provider of specialized health services to people with intellectual disabilities”

Thanks for listening!

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